

Applesauce

Isabel has five friends. They are coming to her house for a snack. But she only has four apples. What can she do? She has a great idea. She can make applesauce!

Applesauce

Food You Will Need:

- 4 cooking apples
- $\frac{1}{3}$ cup water
- 2 tablespoons cinnamon
- 3 tablespoons sugar

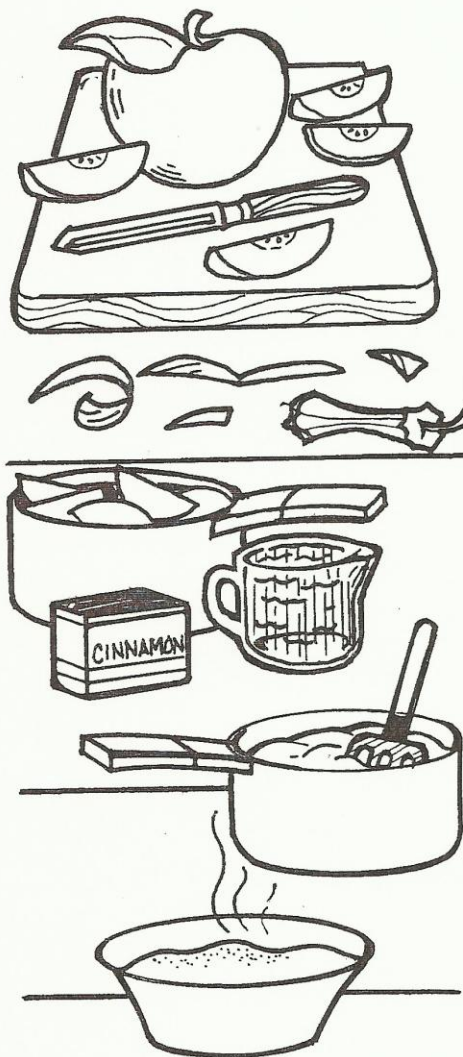
Equipment You Will Need:

- vegetable peeler
- sharp knife
- 2-quart pan with lid
- potato masher
- cutting board
- measuring spoons and cup
- fork

Directions

1. Peel the apples with a vegetable peeler. Put them on a cutting board. With help from an adult, cut the apples into four pieces and remove the cores. Throw away the cores. Put the apples into the 2-quart pan. Add the water and cinnamon. Put the pan on the stove.
2. With help from an adult, turn the burner to high heat. When the water boils, turn the burner to low. Put the lid on the pan and let the apples cook until they feel tender when poked with a fork. This will take eight to ten minutes. Turn off the burner.
3. With adult help, remove the pan from the burner. Take the lid off the pan. Mash apples with potato masher until they are almost smooth. Stir in the sugar.
4. Spoon the applesauce into dishes to serve warm, or cover with plastic or foil and then put in the refrigerator.

Makes 6 servings.



Applesauce *(cont.)*

Reading Comprehension Questions

After reading the story, answer the questions. Circle the correct answer.

1. What is the first step in the instructions?
 - a. Prepare the apples to be cooked.
 - b. Mash the apples.
 - c. Put sugar on the apples.
 - d. Cook the apples.
2. Why does Isabel want to make applesauce?
 - a. She likes to cook with adults.
 - b. It is her favorite snack.
 - c. She has never made it before, and she wants to experiment.
 - d. She needs to make a snack that will feed all of her friends.
3. It is a good idea to have a grown-up help you with cutting the apples because—
 - a. knives are sharp, and you do not want to get cut.
 - b. it is better to have someone else do the work.
 - c. you might not cut the apple in enough pieces.
 - d. grown-ups like apples a lot.
4. The core of an apple is the—
 - a. center.
 - b. sauce.
 - c. recipe.
 - d. peel.
5. The writer probably wrote this passage to show—
 - a. that Isabel has five friends coming over.
 - b. how to serve applesauce.
 - c. how to make applesauce.
 - d. that it is a good idea to get help from adults.